



## Available Workshops 2017

**Title:** Using music to inspire poetry

**Length:** 90-120mins

**Facilitated by:** Jemima Foxtrot and Lucy Allan

**Aimed at:** Young people, adults or 60+

This workshop explores how music can inspire poetry. It involves games and writing exercises to flex writing muscles and explore ways of avoiding cliché and surprising your reader. By the end of the workshop, participants will have written the first draft of a poem, taking inspiration from a song that is important to them.

At the end of the session, participants will have the opportunity to share their work with other members of the group.

**Title:** Writing life experiences in poetry

**Length:** 90-120mins

**Facilitated by:** Jemima Foxtrot and Lucy Allan

**Aimed at:** Young people, adults or 60+

This workshop looks at how to write about personal life experiences in poetry. This interactive workshop will use games and writing exercises to explore using identity, memory and personal history in poetry. By the end of the workshop, each participant will have written their own identity poem and have the opportunity to share it with other members of the group.

**Title:** Devising drama

**Length:** 90-120mins

**Facilitated by:** Jemima Foxtrot and Lucy Allan

**Aimed at:** Children or young people

This workshop gives children or young people practical experience in devising theatre. Using a variety of practical exercises, games and group work, participants will look at different methods of devising theatre and try out some ideas in a workshop environment. By the end of the workshop, the participants will create and present a short devised piece to the rest of the group.

**Title:** Performing poetry

**Length:** 90-120mins

**Facilitated by:** Jemima Foxtrot and Lucy Allan

**Aimed at:** Young people or adults

This workshop looks at ways of performing poetry. Led by a theatre director who specialises in directing poetry for the stage and a renowned performance poet, participants will look at some of the ideas behind performance poetry and rehearse a poem to perform to the group. Participants will also learn how to provide supportive feedback and begin to think about how to look at performance critically.